

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekoninck Nicole HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 22: 50M BACKSTROKE MEN		Heat:2, starttime: 10:33
Heat: 2/7 Lane : 5 Athlete: BEISHUIZEN TOM		Q-time: 00:29:59
PB (50m pool): 00:29.59 Seraing 25/01/2026		PB (25m pool): 00:29.13 SB: 00:29.59 Seraing 25/01/2026
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PB	00:29.59	
	00:29.59	
		

Coach feedback: